

JOB DESCRIPTION

Post Title: Health and Wellbeing Practitioner	Director/Service/Sector		Office Use
Grade: Band 8 (NCC)	Workplace: Northumbria House, Cramlington		JE ref: 4379
Responsible to: Northumberland Adolescent Service	Date:	Manager Lever:	HRMS ref:

Job Purpose: Mental Health intervention for Young People

The aim of this service is to provide health and wellbeing support for young people who have experienced Trauma and Adverse Childhood Experiences (ACES) and who are open to one of the specialist teams within the Northumberland Adolescent service (NAS).

Northumberland Adolescent Service (NAS) was developed to provide an integrated holistic approach to priorities the safeguarding of Adolescent young people. This ensures there is a service area within Northumberland Children's Services which specialises in addressing the risks and needs of all adolescents.

NAS is a collection of Services under one management structure that aims to provide direct work to the most vulnerable young people in Northumberland. The services consist of 14+ (Social Work), 18+ (Care Leaver support), Youth Justice Service, Sorted (Substance Use), NAS Health Hub, Accommodation Team, CPVA/Exploitation team, missing and Participation, Advocacy and Independent Visitors service.

The purpose of the health and wellbeing worker is to help support young people manage their physical and emotional health over their lifetime and reduce the impact of past trauma on their future.

We work alongside universal and targeted services to ensure young people access the appropriate service to their needs. NAS is in a unique position as we work with some of the most vulnerable young people in Northumberland. Often these young people have not accessed support services and as a result may have unmet health and emotional needs which at times can impact on their current thoughts, behaviours and decision making.

This role will be to ensure that Young People have access to appropriate support to address emotional health issues.

Main Duties:

Co-work cases with case managers to meet young people and provide a health assessment to cover the mental Health needs of those within Northumberland Adolescent Service (NAS).

Plan and implement programmes that promote and protect mental health for young people within Northumberland Adolescent Service (NAS) informed by key public health targets.

Engage with the young people and their families to increase their knowledge, skills and confidence and enabling access to mainstream health services.

Provide a coordinated approach to assessment and care planning ensuring that a multi-agency approach informs and supports the public health needs of young people who access Northumberland Adolescent Service (NAS), this includes links with mental health and other health related services.

Deliver evidence-based interventions as recommended by NICE to help improve young people's emotional health.

Deliver and develop Health promotion information to young people, families, carers and other professionals involved in Northumberland Adolescent Service (NAS).

Deliver training and awareness sessions to young people and professionals and be part of the development of the overall health hub service within NAS.

Provide consultation, advice and guidance to professionals within NAS to ensure they are working in a trauma informed way.

Promote the service through talks, presentations and events to various groups and represent the service as required.

To Intervene appropriately using skilled analysis and judgement of highly complex facts and situations to ensure young person's welfare when at risk, e.g. child protection, mental illness, risk assessment, poly substance use, CSE and DV

When required provide formal and informal supervision to members of the team and develop a professional skills base through the provision of training and development as appropriate.

To be proactive in seeking out financial opportunities within health, i.e. funding streams, and be part of the application, implementation and management of these finances in line with the Team Manager

The duties and responsibilities highlighted in this Job Description are indicative and may vary over time. Post holders are expected to undertake other duties and responsibilities relevant to the nature, level and extent of the post and the grade has been established on this basis.

Work Arrangements

Transport requirements:	Need to meet the travel requirements of the post to cover the geographical area of Northumberland Adolescent Service (NAS). You will need to possess a full UK driving licence and have access to a vehicle.
Working patterns:	Normal office hours - Monday to Friday 8:30 - 17:00 Some additional hours will be needed outside of this time.
Working conditions:	Working within the local office and other areas linked to agile working within Northumberland. Working with clients within the local Community as an when required.

PERSON SPECIFICATION

Post Title: Health and Wellbeing worker (MH Nurse)
Essential - Knowledge and Qualifications
Evidence and knowledge of safeguarding children and young people Appropriate Degree (BA or BSc) relevant to Child development or health. May include - (BSc Hons) Social Work, (BSc Hons) Nursing, BSc (Honours) Healthcare and Health Science or similar Evidence of continuing professional development and re-validation.
Experience
Relevant work experience including direct work with children and young people from disadvantaged groups. Experience of assessment and care planning. Ability to organise and schedule own time and that of others Excellent communication and interpersonal skills Ability to work independently Ability to develop and deliver training to professional groups. Ability to work with and across a range of agencies and partners.
Skills and competencies
Act as an autonomous practitioner managing your own caseload, making decisions to prioritise clients' needs and assess risk following NCC policy and procedures. Contribute to the design and delivery of appropriate training packages to address identified training needs. Intervene appropriately using skilled analysis and judgement to ensure young person's welfare, e.g. child protection, mental illness, risk assessment. Maintain own information (electronic and paper based) Use a range of computer packages including Word, ICS and ILLY to ensure the effective data collection and performance management information

required locally.

Physical, mental and emotional demands

Physically capable of carrying out the full requirements of the post

Need to meet the travel requirements of the post to cover the geographical area of Northumberland Adolescent Service (NAS)

Provide a high degree of clinical judgement and decision-making during assessment and case planning, supported within a safeguarding and supervisory framework.

Ability to communicate effectively as appropriate with professional colleagues from a multi-agency arena demonstrating a sound knowledge of confidentiality issues and the cultural, practical and ethical issues peculiar to each agency.

Ability to engage creatively with young people and their families in order to overcome barriers to acceptance by using a wide range of interpersonal skills.

Other

Demonstrates an awareness of the importance of maintaining personal, therapeutic and professional boundaries

Awareness of environment and ability to make decisions that will ensure their own safety and that of others

Valid DBS clearance

Key to assessment methods; (a) application form, (i) interview, (r) references, (t) ability tests (q) personality questionnaire (g) assessed group work, (p) presentation, (o) others e.g. case studies/visits